

# Dealing with Sexual Encounters: From a Biblical Perspective

WHAT ABOUT SEX BEFORE MARRIAGE?

ANTWAN R. BUTLER  
MINISTRIES



Please sign in here:



You can pay at any of these options:

 \$dreambigcounseling

 dreambigenterprise@hotmail.com

 @Born4It

# Presenter Bio

– Dr. Antwan  
R. Butler



Pastor for 14 years

Licensed Clinical Social Worker for 14 years

10 years of trauma training

Author

Married 19 years and father of 3

# Working Guidelines and Rules

---

1. Confidentiality
2. Respectful Dialogue
3. Timed-engagement
4. Healthy environment



# Workshop Objectives

Establish the Christian Bible as the reference point for sexuality and relationship building

Establish biblical keys to maintain sexual purity in singleness and marriage

Identifying the context of sexual immorality and devise ways to safeguard against its influence

Discover ways to build a healthy relationship with yourself to create safe zones

Educate on the 16 building blocks for establishing healthy relationships



# Definitions



# Sex

---

Intercourse between a man and a woman. Biblically it is a gift from God intended for the marriage relationship, where it can be enjoyed and used for intimacy, pleasure, and the potential for creating a family.

# Marriage

The Bible presents marriage as a fundamental institution created by God, not merely a human invention.

## 1. Covenant Relationship:

Marriage is a covenant, a sacred agreement between a man and a woman, with God as the witness.

## 2. One Man, One Woman:

The biblical model of marriage is between one man and one woman, as seen in Genesis 2:24.

## 3. Lifelong and Exclusive:

Biblical marriage is understood as a lifelong commitment, with vows of faithfulness and exclusivity to one's spouse.





## Marriage

### **4. Intimate and Unique:**

Marriage is described as an intimate relationship, unlike any other, and a place where a man and woman become "one flesh".

### **5. Purpose and Fruitfulness:**

Marriage is intended to be fruitful, both emotionally, spiritually, and physically, including the potential for procreation and raising children.

# Marriage

## **6. Reflecting God's Love:**

Biblical marriage is meant to reflect the love and relationship between God and his people.

## **7. Prioritizing Spouse:**

In a marriage covenant, Christians are called to prioritize their spouse above all others, including family, friends, and even children.

## **8. Serving God Together:**

Marriage is intended to be a place where a couple can serve God together, nurturing their spiritual growth and deepening their faith.

## Single

Unmarried, not in a soulish, romantic or sexual relationship, and not in a civil union. It can be viewed as a gift or calling from God, allowing for focused service and devotion.



# Singleness as a calling

---

**Focus on Ministry:** Single individuals can dedicate more time and energy to serving God and others, potentially without the distractions of marriage.

---

**Greater Freedom:** Singleness can allow for greater freedom and flexibility to travel, pursue ministry opportunities, and engage in various activities.

---

**Spiritual Growth:** Some believe that singleness can provide a unique opportunity for spiritual growth and development, free from the responsibilities of marriage.



## Biblical Example of Single People

**Jesus:** Jesus remained unmarried throughout his ministry, demonstrating that singleness is not a lesser path.

**Apostle Paul:** Paul, a major figure in the New Testament, was also single and emphasized the benefits of singleness.

**Other Biblical Figures:** Other notable figures in the Bible, such as Miriam (Moses' sister), Jeremiah, and Elijah, were also single.

# Sexual Immorality

Often translated from the Greek word "*porneia*," encompasses any sexual activity outside of a marriage between one man and one woman. This includes premarital sex, adultery, and other forms of sexual behavior that deviate from God's intended design for human sexuality.



A photograph of a woman with long, light brown hair, seen from the side and back. She is covering her face with both hands, suggesting a state of shame, distress, or regret. The background is blurred, showing what appears to be a bed with white linens.

# Types of Sexual Immorality

- **Premarital Sex (Fornication):** Any sexual activity between unmarried individuals.
- **Adultery:** Sexual activity with someone who is not your spouse, especially if that person is married to someone else.
- **Other Forms of Sexual Immorality:** The Bible also condemns other forms of sexual behavior that deviate from God's design and are not within the context of a biblically defined marriage. These include (*orgies, masturbation, lust, sodomy, bestiality, rape, pedophilia, prostitution, sex for hire etc.*)

“And the very God of peace sanctify you wholly and I pray God your Whole **SPIRIT** and **SOUL** and **BODY** be preserved blameless Unto the coming of our Lord Jesus Christ”  
- 1 Thess. 5:23

# Holy Spirit

Word of God & direct revelation

Saved



spirit

Justified



Being saved

soul

You choose what to think!

Sanctification

- Mind – heart, seat of my emotions
- Will – actions and decisions
- Emotions – fear, anger, happiness, mistrust
- Imagination – thoughts and desires
- Intellect – ability to reason and understand

Will be saved

Information from the senses

body

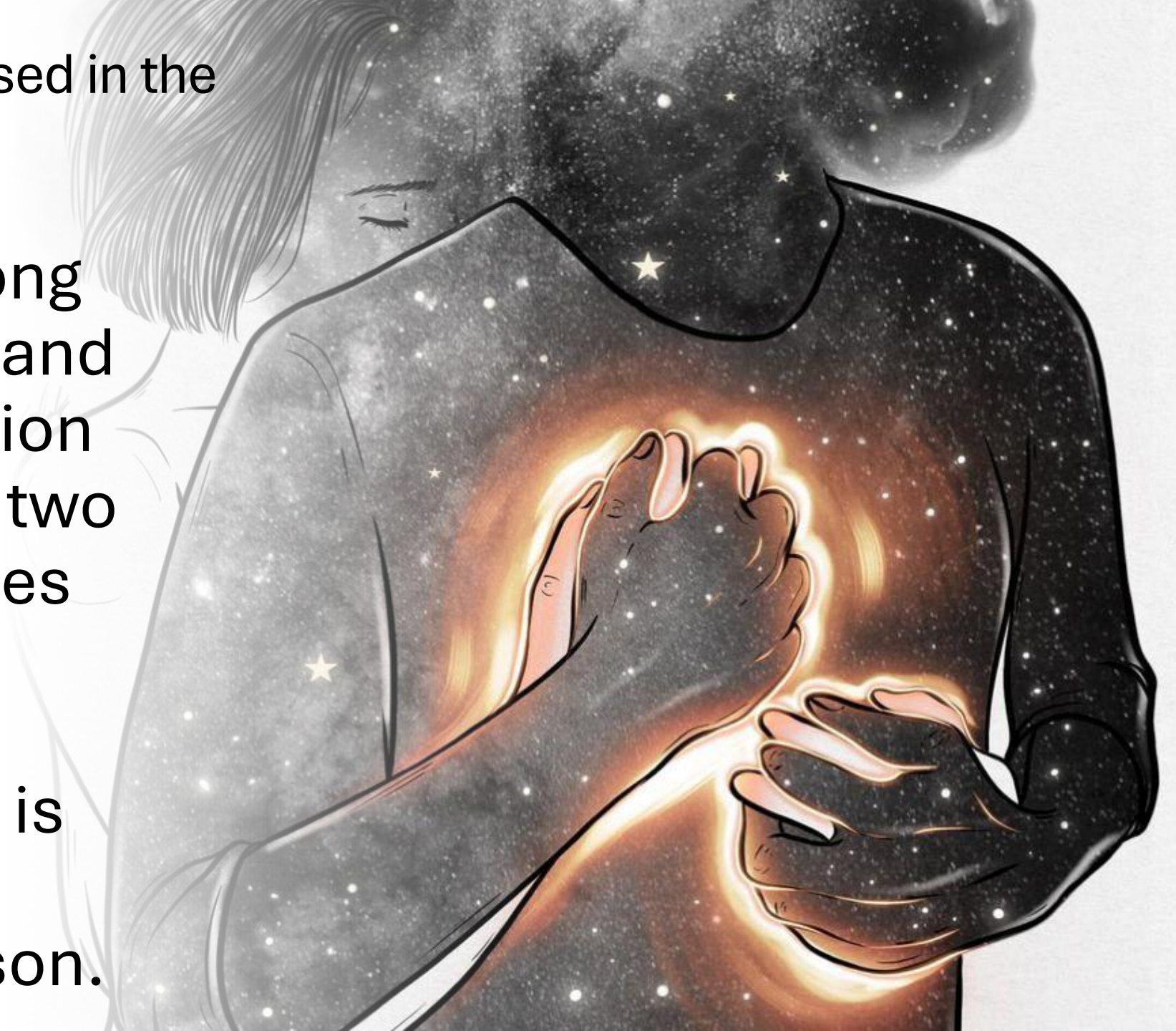
Glorification

natural physical world



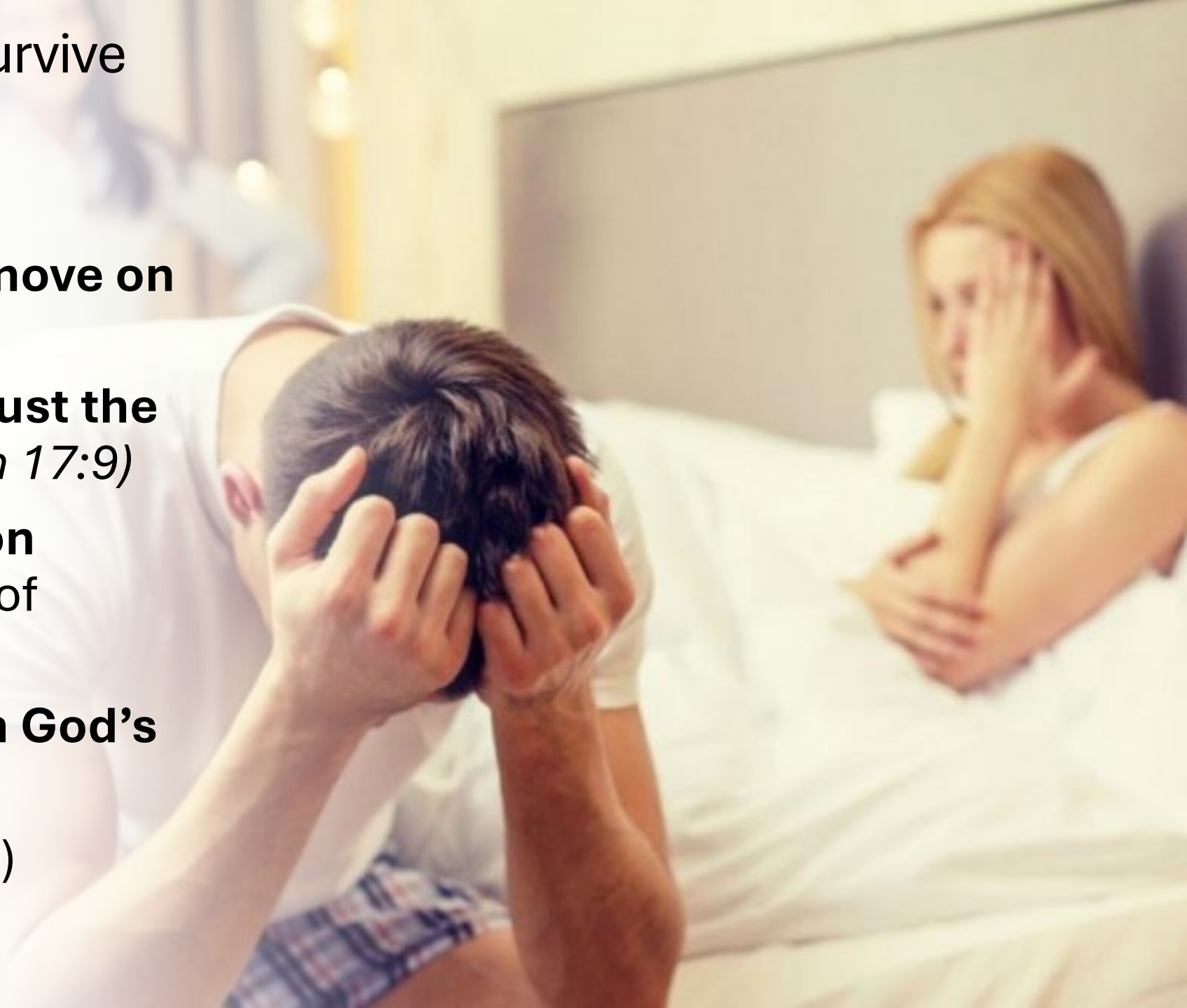
Relationships are housed in the spirit, soul and body

A soul tie is a strong spiritual, soulish and physical connection or bond between two individuals that ties them together through physical intercourse. This is how two people become one person.



# 12 Scriptural Steps to Survive Sexual Immorality

- 1. Forgive yourself and move on**  
(1 John 1:9)
- 2. Don't trust yourself trust the Word of God** (*Jeremiah 17:9*)
- 3. Do not awaken passion before it's time** (Song of Songs 8:4)
- 4. Renew your mind with God's word** (Romans 12:1-2)
- 5. Admit it** (Psalms 51:17)



# Scriptural Steps to Survive Sexual Immorality

- 6. Take inventory of your struggles and name them.**
- 7. Be honest enough to seek help when it is beyond your control**
- 8. Flee don't flirt!**
- 9. Create rules and boundaries around your life. Sexual Immorality is atmosphere dependent (Proverbs 25:28 KJV)**
- 10. Connect to an accountability system (The Zebra theory)(Hebrews 10:25 KJV)**
- 11. Guard your eyes and mind (Psalm 101:3)**
- 12. Call yourself to holiness (1 Thessalonians 4:3-5)**



Pornography

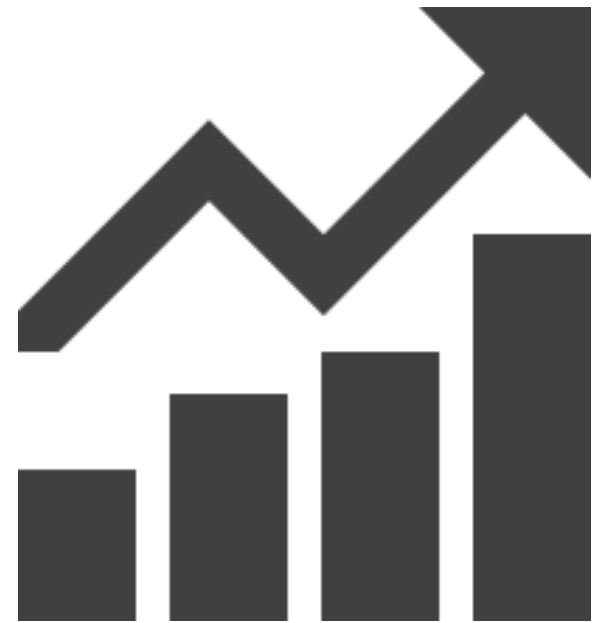
# Pornography by the numbers

## **Sex is the #1 searched-for topic on the Internet.**

- It is estimated that well over 60 million people in the U.S. purposely visit Internet porn sites.
- 70% of porn site visitors indicated that they keep their online use a secret (a sure sign they are headed for addiction or are already addicted).
- 60% of all website visits are sexual in nature.
- In the United States, if given the opportunity, 86% of men are likely to click on Internet sex sites.

# Stats on the Porn Industry

- About 200,000 Americans are classified as “porn addicts.”
- 28,258 users are watching pornography every second.
- \$3,075.64 is spent on porn every second on the Internet.
- 88% of scenes in porn films contain acts of physical aggression, and 49% of scenes contain verbal aggression.



# Porn in the Church Stats

- 1 in 5 youth pastors and 1 in 7 senior pastors use porn on a regular basis and currently struggling. That's more than 50,000 U.S. church leaders.



- 43% of senior pastors and youth pastors say they have struggled with pornography in the past.
- 64% of Christian men and 15% of Christian women say they watch porn at least once a month.

# Pornography and Marriage Stats

- 68% of divorce cases involved one party meeting a new lover over the Internet.
- 56% involved one party having “an obsessive interest in pornographic websites.”
- 70% of wives of sex addicts could be diagnosed with PTSD.



# Brain Science Facts

## The Four A's of the Internet



```
graph TD; A[The Four A's of the Internet] --> B[1. Accessibility]; B --> C[2. Affordability]; C --> D[3. Anonymity]; D --> E[4. Aggression];
```

1. Accessibility

2. Affordability

3. Anonymity

4. Aggression

# Pornographers true colors



They are the most effective marketers in the world

- **Mirror sites** – giving a name to a porn site that’s nearly identical to the name of a legitimate site
- **Mouse trapping** – when you try to hit the close box the porn site continues popping up on the screen
- **E-mail** – “Haven’t heard from you in awhile”
- **Cell-phones** – targeted at teenagers

# The Pornography Funnel

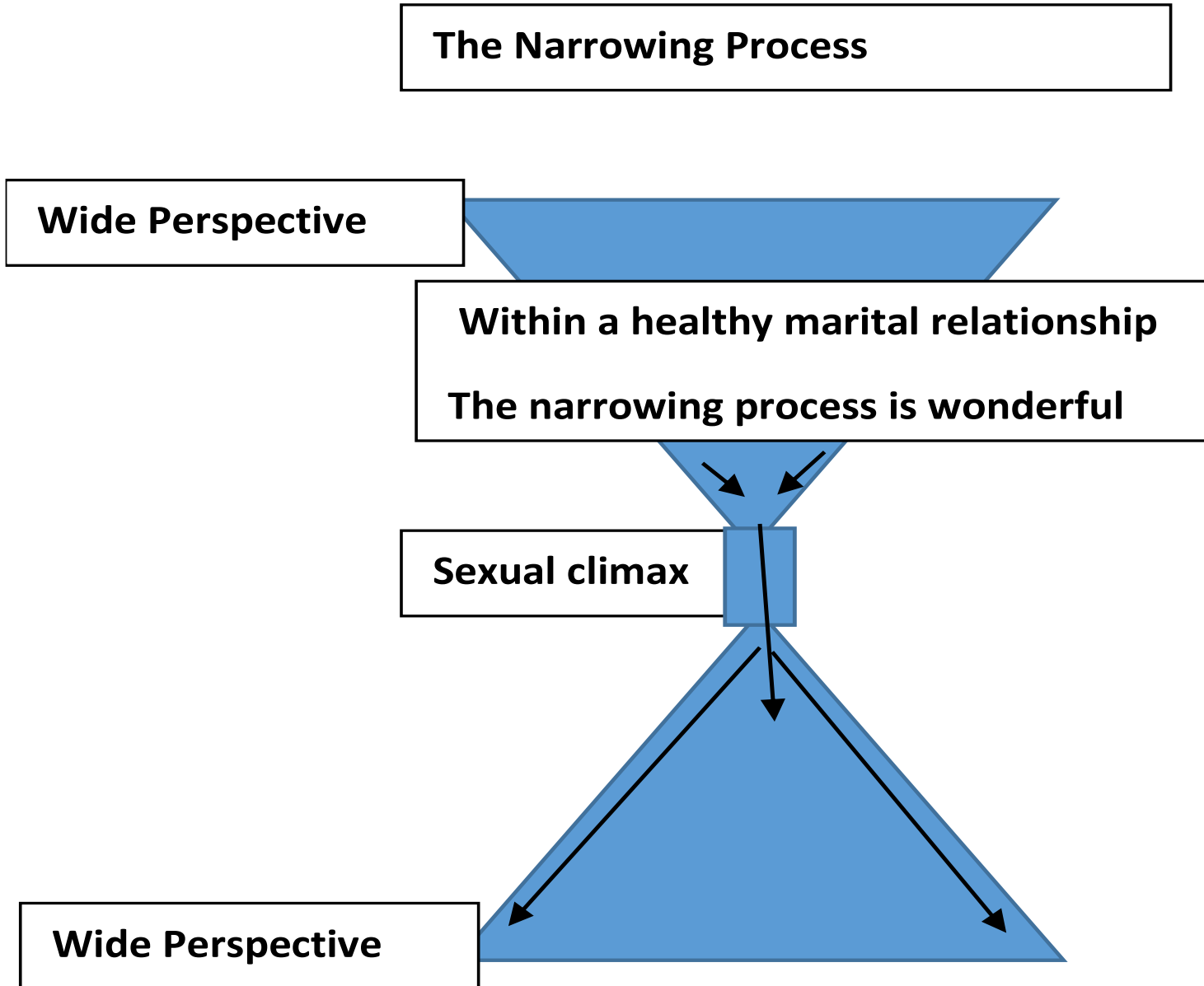
The Narrowing Process

Wide Perspective

Within a healthy marital relationship  
The narrowing process is wonderful

Sexual climax

Wide Perspective



# The Release of Natural Chemicals

**Dopamine** – elevated levels produce extreme focus and attention as well as an unwavering motivation toward goal-directed behavior

**Norepinephrine** – generates exhilaration and increased energy by giving the body a shot of adrenaline

**Testosterone** – the hormone of sexual desire and triggers feelings of positive energy and well being

**Oxytocin** – triggers contractions at climax. It is known as the “cuddle chemical”, “bonding high”

**Serotonin** – brings calmness, satisfaction and release from stress

# The Experience is more than physical

As husband and wife move down the funnel together, physical feelings, the mind, heart and spirit are all joined together in the experience. As natural chemicals are released, feelings of love, closeness and appreciation are brought to the forefront. The joining or fitting together or physical bodies becomes a symbol of the joining together of a union.

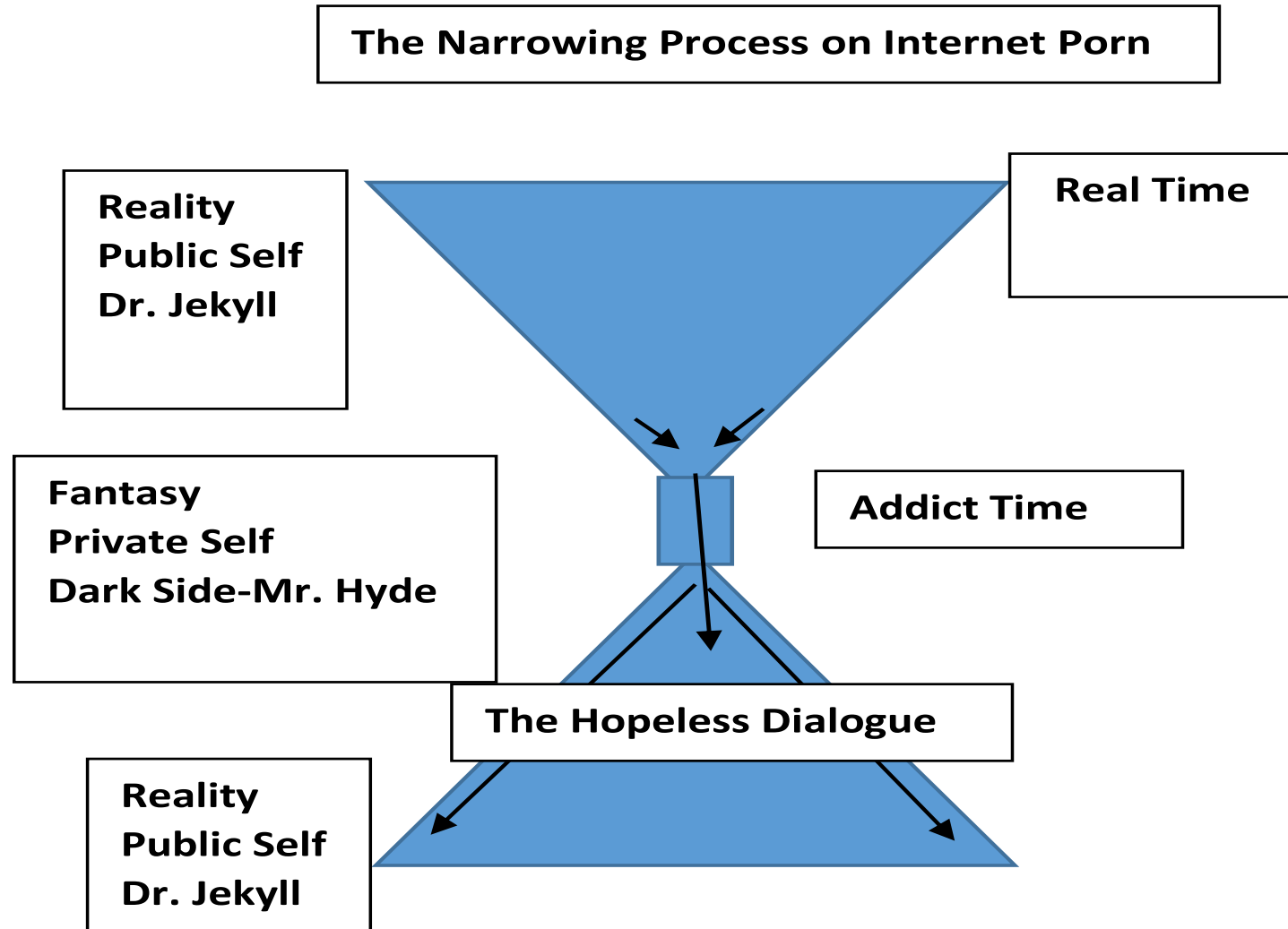


# Special Note

- The male brain is designed to narrow very quickly on a singular goal while shutting everything else out until the goal is complete
- The female brain is more multi-tasking, more diffuse. Women tend to go down the funnel more slowly. She has a *holistic* brain that takes everything in so the setting must be right.
- Male and female may not reach climax at the same time or at all. The male brain compartmentalizes easily.



# Narrowing Process on Internet Porn



# The Pornography Funnel

- **Narrowing Process** – wide perspective of the world.
  - **Reality: public self** – the person they want the world to see
  - **Dr. Jekyll** – their combined logic, reasoning, morals, beliefs and commitments
  - **Real Time** – at the top of the funnel there is a grasp on time, but porn narrows the brains focus.

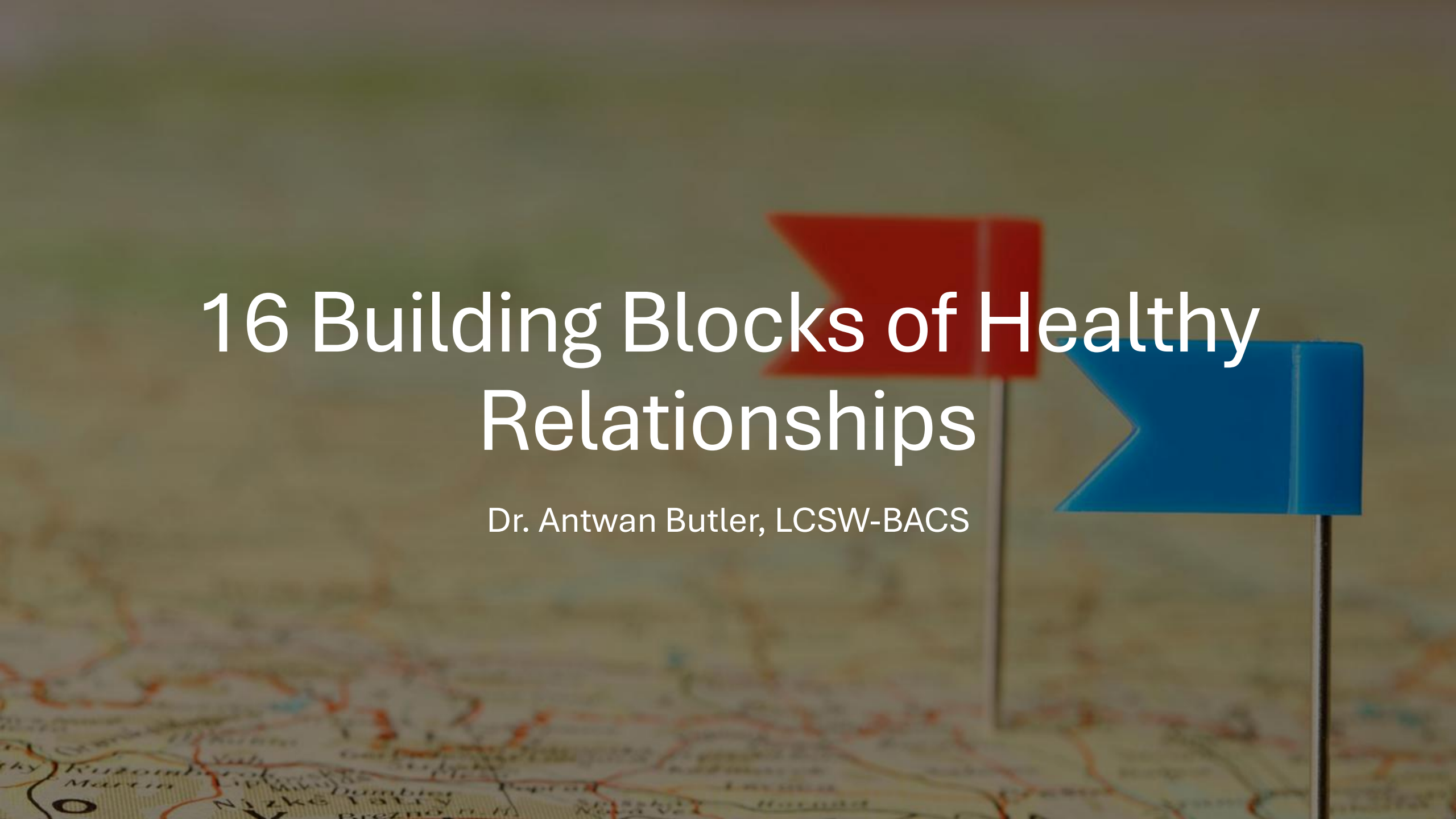
# Release of Natural Chemicals on Porn

- **Dopamine** – viewer is focused only on the pornographic images and the perceived positives while shutting out the truth
- **Norepinephrine** – increased energy while the porn viewer gets a “rush”. Whatever stimulus is experienced it gets “seared in the brain
- **Testosterone** – “building cycle.” As more porn is viewed more testosterone is released which increases the desire for more porn
- **Oxytocin** – bonding chemical which locks the viewer into body parts and images
- **Serotonin** – released after climax to bring calmness but becomes self-medication for the stressed or depressed porn viewer

## The Experience is More Than Just Sexual

- Links emotions and feelings that don't belong together (e.g., fear, anger, shock mixed with sexual climax combined with guilt, shame, frustration and hopelessness)
- Advertisers use mismatching to create powerful mental models (e.g., nudity with sexual aggression)
- Pornography is an eroto-toxin triggering a response so powerful that we have no natural built-in mechanism to cope with it
- An empty and hollow climax
- Conclusion Theater/Hopeless Dialogue – Dr. Page Bailey



A map with two pushpins, one red and one blue, pointing towards the text. The red pushpin is positioned above the word 'Healthy' and the blue pushpin is positioned above the word 'Relationships'.

# 16 Building Blocks of Healthy Relationships

Dr. Antwan Butler, LCSW-BACS

1. Appreciation

2. Balance

3. Commitment

4. Commonality

5. Conflict  
Resolution

6. Effective  
Communication

7. Empathy

8. Expectations

9. Forgiveness &  
Forebearance

10. Honesty

11.  
Independence

12. Intimacy

13. Roles

14. Safety

15. Self-  
Confidence

16. Values

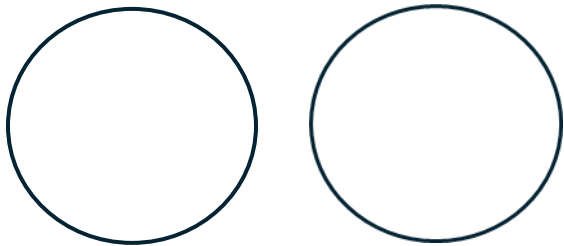
# 1. Appreciation

You respect and value your partner, and express gratitude often.

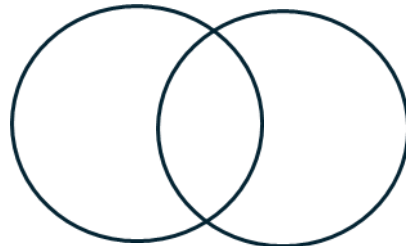


## 2. Balance

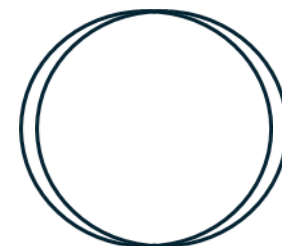
You find happiness in time spent together *and* apart. Some needs are met outside the relationship (through friendships, hobbies, etc.).



Alienated



Healthy



Enmeshed



### 3. Commitment

You are invested in your partner and the relationship. You give the relationship adequate time and energy.

## 4. Commonality

You share important goals, beliefs, and values with your partner.



## 5. Conflict Resolution

You take responsibility for your actions, and work as a team to solve problems.



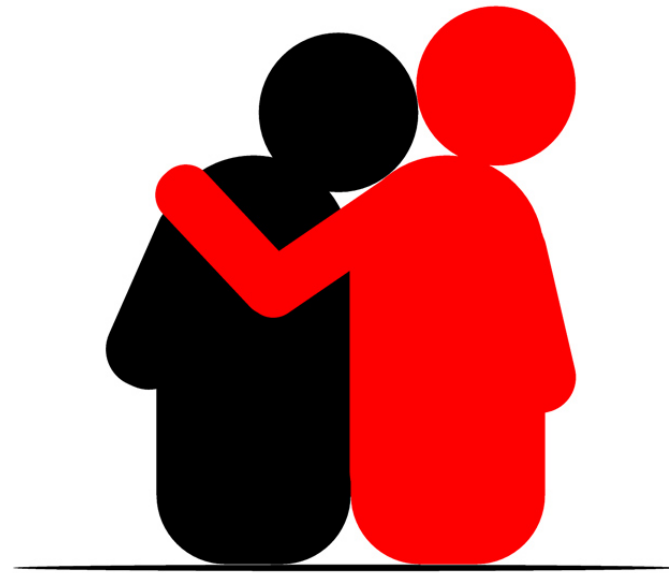
## 6. Effective Communication

You communicate your own needs and wishes, while respecting those of your partner.



# 7. Empathy and Compassion

You take your partner's perspective and understand their feelings, even if you do not always agree.



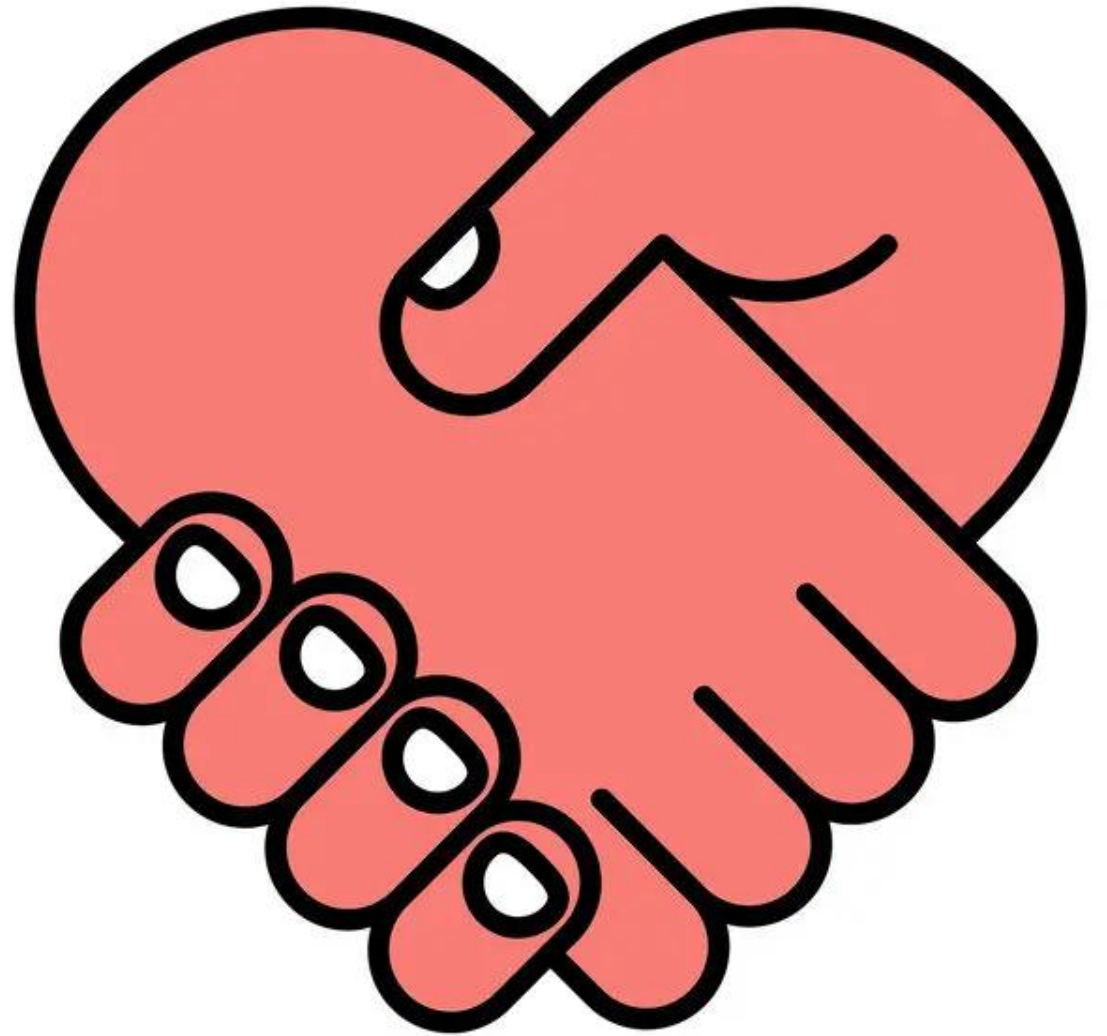
## 8. Expectations

What do you expect of your partner in the relationship and are these expectations articulated and agreed upon?



# 9. Forgiveness & Forbearance

- The ability to move on in the relationship after a boundary violation or trust has been broken. It also includes being able to walk alongside your partner while they are healing and growing.



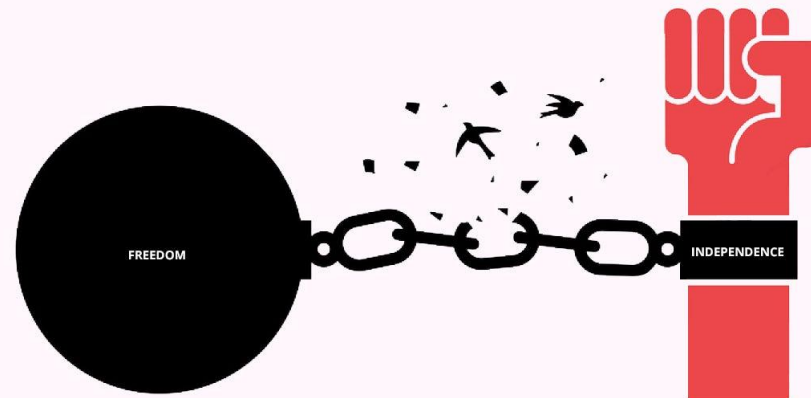
# 10. Honesty

Your actions align with your words. The thoughts and feelings you express are genuine.



# 11. Independence

You have your own interests and goals separate from those of your partner.



# 12. Intimacy

You feel close and connected with your partner physically and emotionally.



# 13. Roles

In a marriage, roles can be flexible and vary between couples, but generally involve shared responsibilities, emotional support, and contributing to the family's well-being. In other words, who is responsible for what?



# 14. Safety

You respect your partner's boundaries. You feel safe physically, intellectually (expressing thoughts), and emotionally (expressing feelings).



# 15. Self-Confidence

You feel comfortable being yourself in the relationship.



## 16. Values

Principles, beliefs, and behaviors that are considered important and that guide how you treat each other and make decisions together. This also includes morals and ethics.

Relationship  
Goals & Values



# References:

What is Sexual Immorality according to the Bible?:

<https://biblicalculture.com/what-is-sexual-immorality-according-to-the-bible/>

Learning Ladyhood: A Biblical View of Singleness and Marriage

Living Out: What is the Gift of Singleness? – Andrew Bunt

Is singleness a season, a calling, or something else? – Newspring Church

Single Role Models From The Bible: Diocese of Manchester

# Scriptural References:

**Heterosexual conduct outside of marriage** - 1 Corinthians 7:1–5 and 7:8–9.

**Sex with Prostitutes** – 1 Corinthians 6:15

**Orgies** - Galatians 5:19–21, Rom 13:13, Romans 13:13

**Lust** - Matthew 5:27–28

**Adultery** - Proverbs 6:20–7:27, Matthew 5:27–28, and 1 Corinthians 6:9–10.

**Homosexuality** - Leviticus 18:22, Romans 1:18–32, specifically verses 26–27, and 1 Corinthians 6:9–10.

# Scriptural References:

**Incest** - Leviticus 18:6–18, 24–30; 1 Corinthians 5:1–12

**Bestiality** - Leviticus 18:23–30

**Rape** - Deuteronomy 22:25–29

An anatomical illustration of two human figures, shown from the waist up, facing each other. The figures are rendered in a semi-transparent, glowing style, revealing internal organs like the brain, lungs, and intestines. Between the two figures, there are large, swirling, glowing energy fields or auric layers that seem to connect them. The background is dark with subtle, swirling patterns. The overall aesthetic is ethereal and scientific.

# Breaking Soul Ties

How to Get Free and Stay Free



## **What are Soul Ties?**

**Soul Tie** is a 'channel' through which flows mental, emotional and spiritual things, whether they are from the human spirit, psychically induced, demonically inspired, or genuine and edifying from the Lord.

# Signs of a Soul Tie

---

- **Codependency:** Overly reliant on the other person for emotional support and validation, struggling to define their identity without them.
- **Jealousy and possessiveness:** Intense feelings of insecurity and control, leading to conflict and emotional manipulation.
- **Emotional abuse:** Use of verbal or emotional abuse to control or manipulate the other person.
- **Lack of boundaries:** Difficulty setting limits or saying "no," leading to resentment and feeling trapped.
- **Sense of emptiness and dependence:** Feeling incomplete or needing the other person to fulfill a void.
- **Obsessive thoughts and feelings:** Dwell on the past relationship or person, leading to anxiety and emotional distress.

## Signs of healthy soul ties

- **Focus on mutual well-being:** Both individuals prioritize the other's happiness and growth.
- **Strong communication and respect:** Openly express feelings and ideas while respecting each other's boundaries.
- **Empathy and support:** Understand and validate each other's emotions and offer encouragement.
- **Shared values and interests:** Align on core beliefs and find common ground for a fulfilling connection.
- **Sense of safety and trust:** Feel comfortable being vulnerable and sharing intimate details.



## 1. Acknowledge the Soul Tie

**Recognize the unhealthy connection. Soul ties can form through:**

- Sexual relationships outside of marriage
- Toxic or codependent relationships
- Unhealthy emotional bonds (e.g., manipulative friendships, abusive leaders)



## 2. Repent and Confess

- **Pray for forgiveness** for any sin involved in forming the tie.
- **Confess to God** any actions, thoughts, or behaviors that led to the bond.

### 3. Renounce the Tie

- Verbally and spiritually **renounce the soul tie** in Jesus' name.
- Declare that the connection no longer has power over you.





## 4. Forgive and Release

---

- Forgive the other person, even if they hurt you.
- Release them emotionally and spiritually to God.



## 5. Break the Tie Spiritually

- Through prayer, ask the Holy Spirit to sever the connection.
- Some people anoint themselves with oil or seek deliverance ministry for added spiritual support.

## 6. Destroy Physical Reminders

Remove gifts, photos, letters, or anything that keeps the emotional tie alive.



Soul Tie



## 7. Replace with God's Truth

- **Fill your mind and spirit with Scripture that affirms your identity and healing.**
- Suggested verses:
  - 2 Corinthians 5:17 — *"If anyone is in Christ, he is a new creation..."*
  - Romans 8:1 — *"There is therefore now no condemnation..."*
  - John 8:36 — *"Whom the Son sets free is free indeed."*



## 8. Pursue Healing and Accountability

- Consider pastoral counseling or mentorship.
- Engage in community and continue growing in your walk with Christ.



# References:

Soul Ties: 6 Signs and How to Break Them: [verywellmind.com](https://www.verywellmind.com)